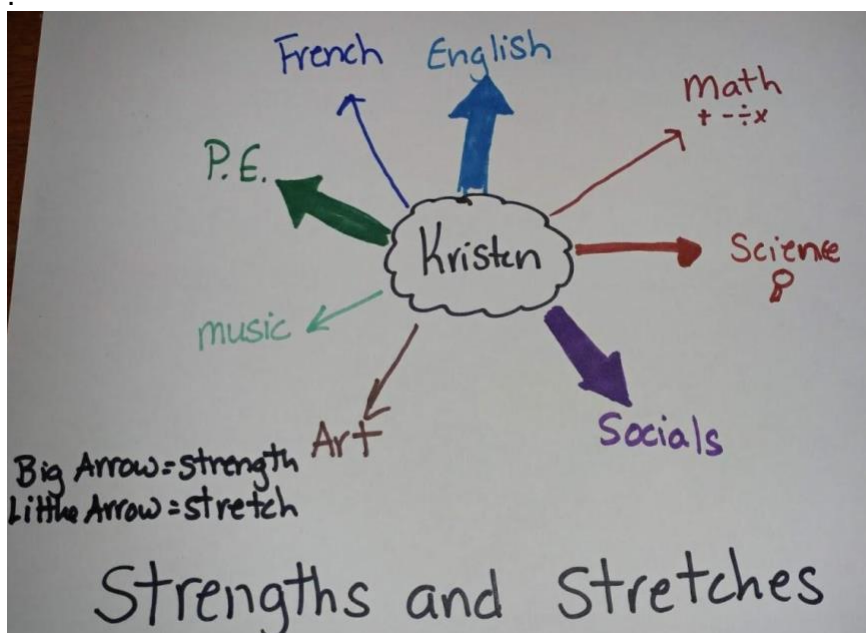


Exploring Core Values: Activity #4 Strengths and Stretches

1. What are your strengths and stretches in school subject areas?

Draw a learning map with your name in the middle. Then, with a thick arrow for strengths and a thin arrow for stretches, connect each subject with a thicker arrow for an area of strength and a thinner arrow for a stretch.

See the attached example:



2. What are your strengths and stretches in the core competencies?

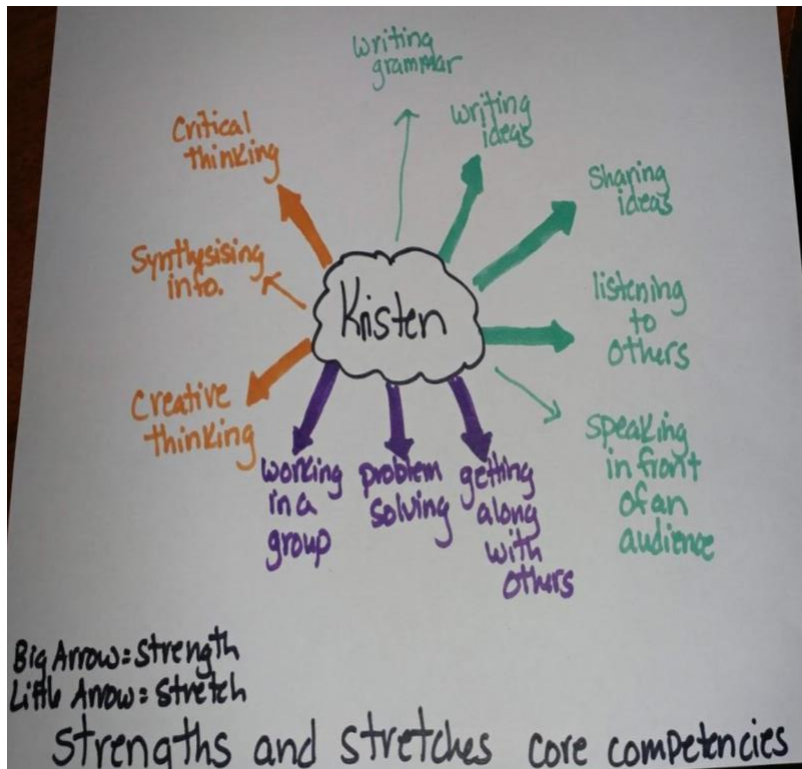
Draw a second learning map using the core competencies:

Thinking: critical thinking, synthesizing information, creative thinking

Communication: mechanics of writing, ideas of writing, sharing ideas, listening to others, speaking in front of others

Social and personal awareness: Getting along with others, resolving conflict.

See the attached example:



Thank you to Kristen Vogel for this lesson!