Identity... Answer the following questions as best as you are able

What is identity and how is it shaped?
Why is knowing your identity important?
How do values shape our identity?
Can our identity change as we age?
What do I care about?
How would my family describe me?
How would my friends describe me?
What do I want others to know about me?
How am I like others and how am I unique?
What is my favorite thing about myself?